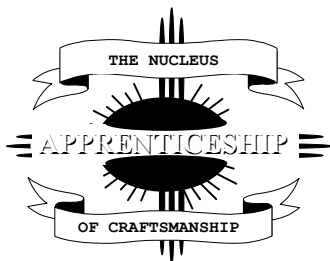




PLANT APPRENTICESHIP STANDARDS
adopted by

PHYSICAL THERAPY NORTHWEST APPRENTICESHIP PROGRAM

<u>Skilled Occupational Objective(s):</u>	<u>(sponsor)</u>	<u>DOT</u>	<u>Term</u>
PHYSICAL THERAPIST AIDE		355.354-010	3000 HOURS



APPROVED BY
Washington State Apprenticeship and Training Council
REGISTERED WITH
Apprenticeship Section of Specialty Compliance Services Division
Washington State Department Labor and Industries
Post Office Box 44530
Olympia, Washington 98504-4530

APPROVAL:
JANUARY 19, 1996

Initial Approval

By: FRANK FORREST
Chairman of Council

Addendum Amended

By: ERNEST L. HUNTLEY
Secretary of Council

Committee Amended

PHYSICAL THERAPY NORTHWEST APPRENTICESHIP PROGRAM

NOTE: THE FOLLOWING ADDENDUM SHALL BE SPECIFIED TO THE INDIVIDUAL PLANT APPRENTICESHIP AND TRAINING COMMITTEE AND ITS CRAFTS.

The following Standards of Apprenticeship, with supplements pertaining to the necessary work experience of the trade and progressive wage scale will, when approved by and registered with the Registration Agency, govern the training of apprentices in this industry.

1. **GEOGRAPHICAL AREA COVERED:**

The geographical area covered by these standards, shall be the facilities operated by Physical Therapy Northwest located at 2020 9th Avenue, Suite B, Longview, WA 98626 and other facilities authorized by the sponsor to assure experience in all facets of the occupation.

Example Hospital-Nursing Home-Special Education Department-Public School-Athletic Department Public School.

2. **MINIMUM QUALIFICATIONS:**

Age:	Must be at least 18 years of age.
Education:	High School graduate or equivalent with academic credentials that demonstrate the ability to succeed in college level studies.
Physical:	Physically able to perform the work of the occupation.
Testing:	None
Other:	None

3. **CONDUCT OF PROGRAM UNDER WASHINGTON EQUAL EMPLOYMENT OPPORTUNITY PLAN:**

A. **Selection Procedures:**

Exempt under WAC 296-04-330(8)

B. **Affirmative Action Plan:**

Exempt under WAC 296-04-330(8)

4. **TERM OF APPRENTICESHIP:**

The term of apprenticeship shall be 3000 hours of reasonably continuous employment.

5. **PROBATIONARY PERIOD:**

The probationary period shall be the first 500 hours of employment.

6. **RATIO OF APPRENTICES TO JOURNEYMEN:**

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The ratio shall not be more than one (1) apprentice for each journeyman or not more than one (1) apprentice for each physical therapist assistant or not more than one (1) apprentice for each physical therapist.

7. WAGE PROGRESSION:

Apprentice shall be paid on the following percentage in accordance with WAC 296-04-270(2)(c):

1st period	2000 hours of employment	70% of specified rate.
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2nd period	1000 hours of employment	80% of specified rate.
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8. WORK PROCESSES:

During the period of apprenticeship, the apprentice shall receive such instruction and experience in all branches of the trade as may be available, as is necessary to develop a practical and skilled mechanic who is versed in the theory and practice of this trade. He/she shall perform such duties as are commonly related to an apprenticeship in this trade and shall at all times be under the supervision of a competent journeyman. Safe working practices shall be a prime consideration in every work operation.

The following work schedule of work experience of the trade is submitted as a guide and will be followed as closely as trade conditions will permit.

<u>Physical Therapist Aide:</u>	<u>D.O.T. #355.354-010</u>	<u>Approximate Hours</u>
A.	1. Scheduling	300
	2. Answering phones	
	3. Learn patients names and needs	
B.	1. Physical therapy day sheets	300
	2. Make new physical therapy charts	
	3. Laundry	
C.	1. Spa Cleaning and maintenance	300
	2. Administering hot packs as well as contra indications	
	3. Administering ice packs as well as contra indications	
D.	1. Use of ultrasound under direction of Registered	300
	Physical Therapist (R.P.T.)	
	2. Use of Tens under direction of R.P.T.	
	3. Use of Spa as well as contra indications.	
E.	1. Use of HUGS under direction of R.P.T.	300
	2. Use of interferential electrode stimulation under direction of R.P.T.	
F.	1. Learn how to review exercise program for shoulder range of	300
	motion (ROM)	
	2. Learn how to review exercise program for shoulder strengthening.	
	3. Learn how to review exercise program for shoulder proprioception.	
G.	1. Learn how to review exercise program for knee (ROM).....	200
	2. Learn how to review exercise program for knee strengthening.	
	3. Learn how to review exercise program for knee proprioception.	
H.	1. Learn how to review exercise program for ankle (ROM)	200
	2. Learn how to review exercise program for ankle strengthening.	
	3. Learn how to review exercise program for ankle proprioception.	

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I.	1.	Learn how to review exercise program for neck (ROM).....	200
	2.	Learn how to review exercise program for neck flexibility.	
	3.	Learn how to review exercise program for neck strengthening.	
J.	1.	Learn how to review exercise program for low back (ROM).....	200
	2.	Learn how to review exercise program for low back flexibility.	
	3.	Learn how to review exercise program for low back strengthening.	
K.	1.	Use of Iontophoresis under Physical Therapist Supervision	200
	2.	Use of conditioning equipment	
L.	1.	Computer billing	200
	2.	Monitoring of exercise flow sheet	
	3.	Designing orientation program for Physical Therapy Aide.	

TOTAL HOURS: 3000

ALL OF THE FOREGOING WORK EXPERIENCE AS HEREIN NOTED IS
UNDERSTOOD TO MEAN AS IT PERTAINS TO THE TRADE HEREIN INVOLVED
IN THESE STANDARDS.

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9. RELATED/SUPPLEMENTAL INSTRUCTION:

- A. Each apprentice shall enroll in and attend classes in subjects related to this trade as approved by the State Board for Community and Technical Colleges, for a minimum of 144 hours per year.
- B. The methods of related/supplemental training consist of one or more of the following:
 - (X) Supervised field trips
 - (X) Approved training seminars
 - () A combination of home study and approved correspondence courses
 - () Technical College
 - (X) Community College
 - () Training Trust
 - () Other:
- C. Hours 200
- D. Satisfactory progress must be maintained in related training classes. (See Section 10, Administrative/Disciplinary Procedures.)

10. ADMINISTRATIVE/DISCIPLINARY PROCEDURES:

- 1. To abide by the standard personnel requirements of the organization including arriving and departing at the agreed upon time, dressing appropriately for the work environment, completing work assigned by the supervisor and responding to suggestions related to performance.
- 2. To provide his/her own transportation to and from the training facility.
- 3. To call his supervisor and Counselor if, for any reason, a training day is missed.
- 4. To maintain biweekly telephone contact with the Vocational Rehabilitation Counselor and keep Counselor informed of progress and any changes which may affect the on-the-job training program.
- 5. To be available for work, based upon work schedule set by the on-the-job training employer.

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6. To limit physical activities to those described by the attending physician in the physical capacities evaluation.
7. To complete the above training objectives satisfactorily, per the formal evaluation of the OJT employer.
8. Apprentices will be required to participate in and satisfactorily complete all related instruction classes established and approved for this program.

11. COMPOSITION OF COMMITTEE:

The Employer Representative Shall Be:

Dan Hughes, Owner

The Employee Representative Shall Be:

Washington State Apprenticeship and Training Council
Department of Labor and Industries
PO Box 44530
Olympia, WA 98504-4530